

**The 76<sup>th</sup> Annual**  
**William F. Eddy Jr. Memorial Track & Field Meet "The Eddy Meet"**

Dear Track and Field Coaches:

We personally want to thank you for choosing to participate in this year's 76<sup>th</sup> Annual William F. Eddy Jr. Track & Field Meet. Last year's meet was a huge success! During the past two years the Eddy Meet has been covered by Milesplit.com, one of the most popular H.S. track & field news coverage site in the nation. The meet has been described as "one of the biggest little meets in the empire state that provided great races at an unbelievable pace and some of the best action the state has seen all year due to the steep qualifying standards, which guarantee anyone who runs deserved to be there" by MileSplit.com.

Without the coaches and athletes the meet would not have been as successful! We are excited to announce that we are continuing to work with **Albany's Fleet Feet Sports and New Balance** for this year meet. Like last year, we will award **the overall top girl athlete and overall top boy athlete to the 2016 New Balance Outdoor Nationals (all paid)**. The meet will be held on **Saturday May 21<sup>st</sup>, 2016 at Schenectady High School in Schenectady N.Y.** The running trials and field events will begin at **9am**. There will be a concession stand available during the meet. Commemorative Eddy Meet t-shirts will also be sold.

To register for the meet we will be utilizing **onlineentries.com**. We look forward to seeing all the coaches and athletes again at this year's meet. **We have made some changes to the meet, including the order of events, and it is listed on the second page of this letter, so please take the time to look over these changes. We made a change for finals in that all heat winners plus next best times for all individual events and relays.**

**Entry fee:** \$20.00 per individual per event and \$45.00 per relay team **OR** \$125.00 for Boys/\$125.00 for Girls **OR** \$200.00 combined school.

Purchase order, Voucher, or Check in full **must be received by May 21<sup>st</sup>, 2016**. MAKE CHECK PAYABLE to the SCHENECTADY PBA. Mail to P.O. Box 460 Schenectady, NY 12301

**\*\* If payments or vouchers are not received by the day of the meet a 5% late fee of the total amount due will be imposed. The late fee will be imposed again for every 30 days past the due date, so please turn in your payments or vouchers on time.**

Thank you,

Samuel Gonzalez  
Meet Director

Bradley Carlton  
Asst. Meet Director

Kristen Florrell  
Robert Young  
Meet Co-Chair

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Dear Coach,

This is a limited entry meet. **Only one relay per team. Competitors may enter up to four different events (if it abides to that schools Section rules!).**

**Registration and Seeding guidelines for Eddy Meet**

- We will be accepting the **top 40 individuals** for each event. There will be **no alternates** for individual events, as we decided to increase our acceptance from 32 to 40. So if we have 4 scratches we will seed the heats with the remaining 36. Accepted entries will be posted by 12pm on May 19<sup>th</sup>.
- Entries will close the **Wednesday May 18<sup>th</sup> at 8pm**. We will **NOT**, by any circumstances, accept entries beyond the date. It is not fair to the coaches and athletes who have entered their athletes on time. So please save this date.
- Now that seeded and unseeded events are together on schedule, the top twelve entries will be put into the seeded section.
  - **YOU MUST DECLARE ALL ENTRIES!** Coaches must place a check next to the athlete's (or relay's) name to confirm that the runner or relay is running. Put a line through the name of all scratched athletes. **IF THERE IS NO CHECK NEXT TO A RUNNER'S OR RELAY'S NAME, WE WILL ASSUME THE ATHLETE IS SCRATCHED. THEY WILL NOT BE ALLOWED TO RUN.**  
These checks must be placed at least **90 minutes** before the race (60 minutes before first race).
- **HEAT WINNERS ADVANCE PLUS NEXT BEST TIMES FOR ALL INDIVIDUAL EVENTS AND RELAYS.**
- **AWARDS:** 1<sup>st</sup> place trophy to be awarded to the winner of each event. Medals will be awarded to positions 1 through 6 placing in all events. The Guy Barbieri Outstanding Athlete Award presented to the outstanding boy and girl athletes of the meet. A special award will be presented to any athlete who breaks a William F. Eddy Track Meet record in any event.
- **SCORING:** Six places: 10 – 8 – 6 – 4 – 2 – 1
- Field events are starting at **9:00 a.m.** Athletes participating in both field and running events, make sure they notify the field event officials when they leave and then return on time.
- **No tape may be used on track runways.** Chalk may be used. 1/4" spikes will be allowed, nothing longer. Please be sure that all your athletes comply with the spike length rule. Checking this before you arrive at the meet will avoid both conflicts and delays.

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- Please keep runners off the infield grass. Practice workouts may be taken on the outer fields. Athletes continually warned to stay off the infield will be disqualified.
- “Check In Area” will occur at the officials check in desk, which will be located on the south side of the infield grass. It is the athlete’s responsibility to be at the “Check In Area” on time. All members of relay teams must report (**Relay teams must comply with the uniform rule**). All team members must have school issue uniform. The uniform rule will be enforced.
- **NO RADIOS WITHOUT EARPHONES WILL BE ALLOWED.**
- The competition area is all that area inside the metal fence and surrounding areas near the Shot and Disc area. **NO ELECTRONICS OR JEWELRY IN THE COMPETITION AREA.**
- There are six awards for each event including Relays. Awards will be given out throughout the meet at the center of the infield grass on the podium. If an athlete can not pick up his or her award we ask that a team representative pick it up for them.
- **Please bring your own starting blocks, it is unknown if the hosting school will have any available for athletes to use.**

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**IMPORTANT CHANGE: All events and relays are heat winners qualify for  
finals plus the next best times**

**ORDER OF EVENTS**

**Preliminary Events Begin at 9:00 A.M.**

1. Girls 400-Meter Relay Semi
2. Boys 400-Meter Relay Semi
3. Girls 100-Meter Hurdles Semi
4. Boys 110-Meter High Hurdles Semi
5. Boys 100-Meter Dash Trials
6. Girls 100-Meter Dash Trials
7. Girls 3200-Meter Relay(Sections by time)
8. Boys 3200-Meter Relay (Sections by time)
9. Girls 200-Meter Dash Semi
10. Boys 200-Meter Dash Semi

**FINAL EVENTS**

1. Boys 110-Meter Hurdles
2. Girls 100 Meter High Hurdles
3. Boys 100-Meter Dash
4. Girls 100-Meter Dash
5. Girls 800 Meter Non-Seeded (2 Sections)
6. Girls 800-Meter Run
7. Boys 800 Meter Non-Seeded (2 Sections)
8. Boys 800-Meter Run
9. Girls 400-Meter Dash (6 Sections by Time)
10. Boys 400-Meter Dash (6 Sections by Time)
11. Boys 400-Meter Int. Hurdles (6 Sections by Time)
12. Girls 400-Meter Int. Hurdles (6 Sections by Time)
13. Girls 400-Meter Relay
14. Boys 400-Meter Relay
15. Girls 1500m-Run Non-Seeded
16. Girls 1500-Meter Run Seeded
17. Boys One Mile Run Non-Seeded
18. Boys Invitational One Mile Run
19. Girls 200-Meter Dash
20. Boys 200-Meter Dash
21. Girls 3000-Meter Run Non-Seeded
22. Girls 3000 Meter Run Seeded
23. Boys 3200-Meter Run Non-Seeded
24. Boys 3200 Meter Run Seeded
25. Girls 1600-Meter Relay(Sections by time)
26. Boys 1600-Meter Relay (Sections by time)

**FIELD EVENTS BEGIN AT 9:00 AM**

(ALL FIELD EVENTS FLIGHTS – 3 JUMPS – 3 THROWS – MORE IN FINALS, BEST 9 GO TO FINALS)

**Minimum Standards**

1. Pole Vault- Starts 9:30 AM (Girls Pole Vault followed by Boys).....9'0" / 12'
2. Boys Discus- Starts at 9:30 AM.....130'
3. Girls Shot Put- Starts at 9:30 AM.....31'
4. High Jump- Starts at 9:30 AM (Girls High Jump followed by Boys).....4'10" / 6'
5. Long Jump.....19' / 15'
6. Boys Shot Put.....45'
7. Girls Discus.....90'
8. Triple Jump.....40' / 32'

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**Opening Heights will be the following (Based off the standards):**

Boys High Jump	5' 8"
Boys Pole Vault	11' 6"
Girls High Jump	4' 6"
Girls Pole Vault	8' 6"

**Please inform your athletes in these events, especially if they are in both.**  
**Nothing will be measured under the minimum standards.**

**Please use the following standards as a guide, we will accept the top 40 of each individual event.**

1. Girls 400-Meter Relay .....	55:00
2. Boys 400-Meter Relay Semi.....	47:00
3. Girls 1500m-Run .....	05:00
4. Boys One Mile Run.....	04:35
5. Girls 100- Meter Hurdles .....	16.2
6. Boys 110-Meter High Hurdles.....	17.10
7. Boys 100-Meter Dash.....	11.30
8. Girls 100-Meter Dash .....	13.10
9. Girls 800 Meter .....	02:26
10. Boys 800 Meter .....	02:03
11. Boys 3200-Meter Run .....	10:00
12. Girls 200-Meter Dash .....	27.6
13. Boys 200-Meter Dash .....	23.45
14. Girls 3000-Meter Run.....	11:00
15. Girls 400-Meter Dash .....	01:02
16. Boys 400-Meter Dash .....	52.00
17. Boys 400-Meter Int. Hurdles.....	01:02
18. Girls 400-Meter Int. Hurdles .....	01:12.6
19. Girls 400-Meter Relay.....	55:00
20. Boys 400-Meter Relay .....	47:00
21. Girls 3200-Meter Relay .....	10:05
22. Boys 3200-Meter Relay .....	08:20
23. Girls 1600-Meter Relay .....	04:15
24. Boys 1600-Meter Relay .....	03:33

**Field Events Minimum Standards**

1. Pole Vault- Starts 9:30 AM (Girls Pole Vault followed by Boys).....	9' / 12'
2. Boys Discus- Starts at 9:30 AM.....	130'
3. Girls Shot Put- Starts at 9:30 AM.....	31'
4. High Jump- Starts at 9:30 AM (Girls High Jump followed by Boys).....	4'10" / 6'
5. Long Jump (Boys LJ followed by Girls).....	19' / 15'
6. Boys Shot Put.....	45'
7. Girls Discus.....	90'
8. Triple Jump (Girls TJ followed by Boys).....	40' / 32'

**Athletes hitting minimum standards are not guaranteed entry into the meet! It is a guide for coaches.**